



GOOD PLAINS FARM
GOOD FOOD. GOOD HEALTH

Timberville, VA
www.goodplainsfarm.com

2023 FARM PRODUCT RETAIL PRICE LIST

(REVISED 1/25/2023)

100% Grass-fed & Finished Beef: Devon/cross & heritage breed cattle rotationally grazed on our farm, receiving free choice mineral & natural trace mineral salt.

Pasture Raised Eggs: Diverse flock of hens raised on pasture and moved frequently to fresh pasture forages. Supplementing their diet of fresh pasture greens & bugs is a high quality (non-medicated) locally milled non-GMO & Soy-Free layer feed

Steaks

Individually vacuumed packed, premium quality thick cut to 1.5", filets 2"

Filet	\$29.50/lb
N.Y. Strip	\$22.00/lb
Porterhouse Steak	\$22.00/lb
Ribeye Steak	\$21.00/lb
Bone-in Rib Steak	\$20.00/lb
T-Bone Steak	\$19.00/lb
Flat Iron Steak * 2 per pack	\$17.00/lb
Flank Steak	\$15.00/lb
Top Sirloin	\$14.50/lb
Hangar Steak	\$14.50/lb
Sirloin Steak	\$13.00/lb
Sirloin Tip Steak	\$12.50/lb
Skirt Steak	\$12.00/lb

Roasts

Average 3lbs

Prime Rib Roast	\$22.00/lb
Sirloin Tip Roast	\$11.50/lb
London Broil	\$11.00/lb
Top/Bottom Round	\$10.00/lb
Brisket	\$10.00/lb
Eye of Round Roast	\$9.50/lb
Chuck Roast	\$8.50/lb
Arm Roast	\$8.50/lb

Other Cuts

Cube Steak	\$10.00/lb
Kabobs	\$9.50/lb
Stew Meat	\$9.00/lb
Short Ribs	\$8.00/lb
Spare Ribs	\$7.00/lb
Shanks *2 per pack	\$6.50/lb

Ground Beef

Vacuum packed in 1 or 5 lb packs

1 lb	\$8.50/lb
20 lb	\$8.25/lb
40 lb	\$8.00/lb

Offal, etc.

Oxtail	\$10.25/lb
Tongue	\$6.50/lb
Liver	\$6.25/lb
Heart	\$5.00/lb
Kidney	\$5.00/lb
Bones	\$5.00/lb
Fat/Suet	\$2.50/lb

Pasture Raised Eggs

1 dozen	\$6.60/doz **
1 dozen w/ carton return	\$6.10/doz **
5 dozen	\$6.40/doz **
5 dozen w/ carton return	\$5.90/doz **
10 dozen box	\$59.50/box
15 dozen box (flats)	\$74.30/Box

** price including sales tax

